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Holed-up Assange tells Obama to end WikiLeaks 'witchhunt'



LONDON(AFP) - WikiLeaks founder Julian Assange yesterday urged President Barack Obama to end the US "witch-hunt" against his whistleblowing website, speaking from Ecuador's London embassy where he has been holed up for two months.

Assange walked into the embassy in June after exhausting all legal avenues in Britain to stop being extradited to Sweden, where he is wanted for questioning over sex crimes.

"I ask President Obama to do the right thing, the United States must renounce its witch-hunt against WikiLeaks," said

Assange in his first public comments since being granted political asylum by Ecuador on Thursday.

Assange praised the "courage" shown by the Latin American nation's President Rafael Correa in giving him asylum, a move that has angered Britain which has said it would continue to seek his extradition.

The 41-year-old Australian made his speech from the balcony of the embassy, which was ringed by police, in order to avoid leaving its grounds and being arrested.

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Special thanks to Bryan and Bernadette Daniels for being loyal fans of Aruba



A toast to the new Ambassadors of Goodwill



Bryan and Bernadette with ATA representative

Aruba Tourism Authority representative Ernest Giel had the particular pleasure of demonstrating the island's gratitude for undying loyalty this Friday, August 17. The honorees were Bryan and Bernadette Daniels of Peekskill, New York.

It was a particularly festive awarding of the title of "Ambassadors of Goodwill," as the couple was also enjoying their honeymoon during this visit. Bernadette, nee "Olsen" has been coming to Aruba annually since 1984, finally purchasing timeshare at La Cabana and La Quinta resorts.

She introduced her boyfriend at the time, Bryan, to the island six years ago. "She had no trouble convincing me to come here the first time when she was going to use her timeshare," he recalls. "When we got here," added Bernadette, "he sighed, 'Thank you, thank you, I think I must be in heaven.'"

The award ceremony was particularly memorable for all involved as it was done in the presence of their very good friends and extended Aruban family, Dennis and Omira Silva. It was performed at the Tierra Del Sol home of another friend of the Aruban couple, Brian Weeks of Toronto.

Continued on page 3



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Diana Subaran celebrates 30 years of service in telecommunication



Recently, Aruba's telecommunication company, SETAR N.V., celebrated with Diana Subaran her 30th anniversary of loyal service with the company. Diana started working with the TelefoonDienst in 1982 in the Telephony Department.

During her 30 years of service Diana occupied different positions. In May 1991 she worked in the Debiting Department. In July 2003 Diana moved on with SETAR N.V. as Collection Clerk in the Accounts Receivable and Collection Department. Diana at present still works in the Accounts Receivable Department.

According to Diana, she likes to work in her department. She has a very good relationship with her colleagues, her supervisor and her manager. They all support each other and work as a team. In her free time Diane likes to read, do projects with her family and also dedicate time to her spiritual life. She is married to Calvin Subaran and they have two lovely daughters, Giorgianna and Giannina.

Photo depicts Diana receiving the customary envelope from SETAR Director Roland Croes in company of her Department Chief Mr. Raymond Palm and Financial Affairs Sector Manager Mr. Alfredo (Tino) Nicolaas.

Changes in the ordinance for private planes and boats

The Aruba Customs has announced changes in the ordinance regarding private planes and pleasure boats/yachts. The changes have to do with the customs process and are based on the International Customs Treaty of May 18, 1956 as well as on the existing law with respect to the temporary importation of these means of transportation.

As of October 1st 2012 it will be imperative to make a written declaration of temporary importation upon entering Aruba either with a private plane or pleasure yacht.

Under the caption of "personal use" is the understanding that the private plane or pleasure boat is being used by the owner or person borrowing or renting same from another under whose control it is at the



moment. Use of the transportation means for commercial use and in particular for paid transportation of persons or for the transportation of merchandise against or without payment does not fall under "personal use."



A document for temporary importation is a customs document related to a private plane or pleasure boat which serves as a guarantee of payment of taxes for the right to import. Temporary importation documents must be made out in name of the person in possession of the private plane or boat under whose control the vehicle is. These are natural persons or judicial persons. There is a difference when one of these vehicles are remaining on Aruba for 90 or less days, and when they

will be here for 90 or more days.

In the event that the importation is definite, payment for the right to import will be in accordance with the laws on the importation of merchandise. Private Aircrafts or pleasure boats/yachts being brought to Aruba to be sold here do not qualify for temporary importation. The right to import will be required to be paid immediately.

For persons coming to reside on Aruba who own a private plane or pleasure boat/yacht will be allowed to import same duty free, providing they comply with the conditions stipulated in the law "Vrijstellingsbesluit" (Exemptions decree), which relates to import exemptions relating to merchandise pertaining to a move from one location to another.

Someone residing on the island does not qualify for temporary importation of a private plane or boat. That person will be required to pay importation duties. Each time that the vehicle is brought here he will have to show payment for importation of the private plane or boat.

Combustible, lubricants and other provisions for a private plane or boat are all duty free,

in the event of temporary importation. Combustible tanks must be of normal size and connected to the engine. All lubricants, combustible and other provisions must be for use during the time that the vehicle is on Aruba.

For private planes or boats remaining here for 90 days or less they must prepare a declaration of temporary importation without guarantee.

For private planes or boats remaining here for 90 days to one year they must prepare a declaration of temporary importation with guarantee. The amount of the guarantee will be equal to the amount of the duty required for payment as of the date of arrival in the event the importation was to be definite. If the guarantee comes from a bank, the value of the guarantee must be for an indefinite period.

When the temporary importation period expires, the private plane or boat will have to leave the island and may not be allowed to return for 15 days to be eligible for a new temporary importation period.

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Special thanks to Bryan and Bernadette Daniels . . .

Continued from page 1



Bryan and Bernadette with Ernest Giel and extended Aruban family

The charming location sports a breathtaking view of the north coast and at sunset, made this proud moment extra special for the Daniels.

"Dennis and Omira have been great friends ever since he helped me find my perfect dream home on Aruba," commented Brian Weeks. "When they told me what was happen-

ing, I suggested I just got a new barbecue I want to break in, so why didn't we do the ceremony here with a nice grilled dinner together after?" His gracious gesture was a very welcome idea, providing a beautiful backdrop for the evening's festivities.

The Silva family, the Daniels and their host, enjoyed

the moment immensely. Ernest presented Bryan and Bernadette with a goody bag filled with Aruba logo gear; an instant hit, as was the great celebratory dinner typical of the good friends and great times that have come from their long association with Aruba.

by Rosalie Klein

SETAR N.V. presents gifts to Miss Teen Aruba International 2012 and Miss Teen MAS 2012



Recently, two very charming ladies, Miss Teen Aruba International 2012 Thessaly Zimmerman and Miss Teen MAS 2012 Charmaine Bislik visited the new SETAR store - situated in the former Cable T.V. office - where they received their gifts. SETAR N.V. is one of the sponsors of the Miss Teen Aruba International pageant for a few years already. At the store, both ladies received an iPhone from SETAR N.V. associates. Besides that, Miss Teen Aruba International 2012 Thessaly Zimmerman also received a cash price of Afls. 1,000.



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CasMarie has another informative evening!

SAVANETA -- The topic of dementia has been given more attention in the last few years. One of the reasons for this is due to the aging of our societies globally. Another important factor is because of the impact that the dementia syndrome

has on the person as well as on family members. It is important for people to recognize the signs and to be cognizant of the advice and possibilities that exist for persons diagnosed with the dementia syndrome.

For questions regarding this syndrome and for guidance as to how to deal with



someone with the dementia syndrome one can always contact the Fundacion CasMarie. As of the month of July CasMarie has been offering the service of Group Conversations for families. The objective of this service is for other informal care providers to interact with each other on the different matters relating to the dementia syndrome. Anyone interested in participating in this group, or for questions or more information, please contact them at number 569-6910.

During their next Dementia Café they will talk about the possibilities that the Fundacion S.A.B.A. is offering at the moment that the quality of life of the person with dementia is in danger. The director of S.A.B.A., H. Rokebrand will discuss the various services of S.A.B.A. that are available to persons with dementia.

To get more information or to make reservations, call 569-6910 or visit their face book page at Face book Dementia Café CasMarie. The next informative meeting is scheduled for: August 22nd, from 7:00 to 9:00pm at CasMarie in Savaneta 532-A. The topic of discussion will be: What can S.A.B.A. mean for persons with the syndrome of dementia.

Everyone is cordially invited to visit the center. Go, experience, listen and exchange conversation. It promises to be a very informative evening.

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Celebrity Chef Mirko Reeh shares his secrets for gourmet cooking to lose weight



Chef Reeh slicing up a superb tenderloin

The Aruba Tourism Authority and Divi Properties welcome famed German Chef Mirko Reeh to Aruba for two weeks to share his secrets for slimming down deliciously. The owner of Pearl Restaurant in Frankfurt's West End, Chef Mirko is renowned for his cooking schools and has authored bestselling cookbooks.



Salads with tenderloin all around

He also stars on Nickelodeon Germany with his children's cooking show "Chef in a Bacon Coat."

Despite his penchant for preparing classic continental cuisine, Chef Mirko managed to drop around fifty pounds, while still dining deliciously. On Saturday evening, August



chef Reeh with Divi GM Alex Nieuwmeier and friends

18, he provided an entertaining demonstration of how it is done, which was filmed for the local TV show "T on T" hosted by Divi Properties marketing guru Tabitha Fecunda.

An impromptu kitchen was set up in the main concourse of the newly renovated Alhambra Mall, just between the recently opened Ginger restaurant and Fusion Lounge. Chef Mirko explained the process and ingredients deployed in the menu he created for the occasion, when he wasn't serenading the audience in his remarkably pure and lovely tenor.

Emphasis was providing distinctive taste naturally through healthy ingredients, such as mango and papaya, and low calorie marinades for meat using no oil. Samples were handed out to all present. The meal began with a Spicy Mango Soup served cold; it was initially refreshing and sweet with a pleasant spiciness that lingered on the palette. Next was a tasty salad of arugula topped with slices of boneless steak that put the "tender" in tenderloin.

The tasting session ended with another salad, made with mango and papaya topped with shrimp and served with grouper, prepared on the grill. Portion control produced a meal that combined with an exercise program will help peel off the pounds, without sacrificing flavor and satisfaction. An offers an excellent regimen that makes it easier to maintain weight loss and changing eating habits.

This deliciously fun evening was also filmed for European television, as in the words of ATA, "Chef Mirko intends to take a big bite out of Aruba and tell all his listeners and viewers about it."

by Rosalie Klein



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Arion Maduro receives certificate in the Hospital!



Several weeks ago the first group of young men in the Social Formation Program completed the internship phase of their training at both APA and Valero. They organized two days of fun get together to celebrate and receive their certificates. The presentation of the certificates took place in the Kowloon for the APA certificates and in the Bungalows of the Marines Camp for the Valero certificates. During those days, one young person, Arion Maduro, was absent. He had suffered an accident and was hospitalized. Arion Maduro did his 4-month intern-

ship at APA and had successfully completed his training.

The program coordinator, Jessie Ras, who was aware of Arion's condition, made the decision to present him his certificate as soon as he was feeling better. An appointment was made with the hospital and in the presence of his Mother and Aunt, Arion Maduro was presented with his certificate at his hospital bed. Following Arion's complete recovery, he will continue with the second phase of his training in the Social Formation Program.

We wish Arion a speedy recovery!

Family Green honored at Marriott Surf Club.



Recently, a very nice family was honored as distinguished visitors of Aruba.

This symbolic honorary title is presented in the name of the Minister of Tourism as a token of appreciation to guests who visit Aruba between ten and 20 consecutive

years.

The honorees were Mr. Jack Green and Mrs. Karen Green, and their children, Ms. Alanna Green and Mr. Jay Green, all residents of Lowell, Massachusetts.

The Greens are members of Marriott Surf Club and

have been enjoying the Island every year.

The certificates were presented to them by Ms. Darline de Cuba representing the Aruba Tourism Authority in presence of Mrs. Karells Hoevertsz, Front Desk Manager of Marriott Surf Club.

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INTERNATIONAL NEWS

Beyonce's UN video prompts humanitarian outpouring

UNITED NATIONS (AFP) - A music video by pop singer Beyonce helped inspire one billion messages for World Humanitarian Day yesterday, which the United Nations said was a social media record.

The singer recorded the music video, "I Was Here," for the UN campaign to generate one billion messages encouraging people to do a good deed.

"The World Humanitarian Day 2012 campaign has made social media history by sharing

more than one billion messages of hope," the UN said in a statement.

The UN launched its campaign on August 2 to collect the messages, which were distributed yesterday in honor of humanitarian workers.

The campaign numbers around the world soared after the release of Beyonce's video on Saturday and the message spread rapidly among her fans.

Valerie Amos, UN under secretary general for humanitarian affairs, praised the

"amazing work" of the singer in taking the UN's cause further.

Dressed in a white, floor-length gown, Beyonce sang the song for the video at the UN General Assembly. The video shows her singing at the UN headquarters and scenes from recent disasters.

"This is our time to leave our mark on the world and show that we were here and we care," Beyonce said in a statement.

Holed-up Assange tells Obama . . .

Continued from page 1

But Assange gave no indication of what his next move might be.

He claims the accusations of sex crimes in Sweden against him -- made by two female WikiLeaks volunteers -- are politically motivated and that he will eventually be extradited to the United States.

WikiLeaks enraged Washington by releasing video of a US attack in Iraq, as well as tens of thousands of classified US documents about the wars in Iraq and Afghanistan.

Assange yesterday also called for US soldier Bradley Manning, the alleged source of a massive trove of secret government documents leaked by WikiLeaks, to be released from a military prison.

He claimed Manning "was found by the United Nations to have endured months of torturous detention" at the US Marine Corps jail in Quantico, Virginia.

While thanking his own supporters, Assange accused po-

lice of trying to enter the embassy after he was given asylum.

"Inside this embassy after dark, I could hear teams of police swarming up into the building through its internal fire escape," he said from the balcony situated just above a line of police officers standing in the street below.

"But I knew there would be witnesses, and that is because of you," he told around 100 supporters gathered outside the embassy.

Britain has said it could invoke a little-used piece of legislation introduced in 1987 that allows it to revoke the diplomatic immunity of an embassy on British soil and go in to arrest Assange.

The warning was seen as a threat by Ecuador which condemned it.

However, Britain now says it would prefer a negotiated solution.

Assange claimed Britain had "thrown away" the Vienna

Conventions in warning Ecuador that it could enter the building to extract him.

Despite Ecuador providing a haven for Assange, British Foreign Secretary William Hague has said Britain had no choice but to seek his extradition.

Ecuador has meanwhile received powerful backing from regional allies as they warned Britain of "grave consequences" if it breaches diplomatic security at the London embassy.

Foreign ministers from the Venezuela-led so-called Bolivarian Alliance for the People of Our America (ALBA) flew to Ecuador on Saturday to demonstrate full diplomatic support.

WikiLeaks hinted yesterday that Assange would be willing to meet with Swedish authorities as long as Stockholm guaranteed that it would not extradite him to the United States.

Hurricane Gordon weakens on approach to Azores

MIAMI - Hurricane Gordon weakened to a category one storm yesterday but was expected to retain hurricane-strength winds as it passed over or near the Azores islands, US forecasters said.

The Miami-based National Hurricane Center said Gordon, the Atlantic season's third hurricane, was some 220 miles (360 kilometers) southwest of the archipelago at 1800 GMT and was expected to strike sometime today.

Gordon was packing maximum winds of 90 miles (150 kilometers) per hour, making it a category one storm on the Saffir-Simpson hurricane wind scale.

A hurricane warning was in effect for the eastern Azores.

The weather center predicted hurricane-like condi-

tions Sunday night and into today, with heavy rains and dangerous waves along the coast.

Gordon became a hurricane on Saturday even as onetime Tropical Storm Helene swiftly weakened into a tropical depression as it lumbered ashore on Mexico's Gulf Coast and degenerated into a rain storm without reports of significant damage.

Authorities in Mexico had worried Helene's rains could pose a threat to areas where thousands of people are recovering from flooding spawned last week by Hurricane Ernesto. But Mexico's Veracruz state civil defense office said none of the region's numerous rivers had overflowed Saturday.



NIGER, Niamey : Local residents carry their belongings as they evacuate their homes in Niamey, the capital of Niger, on August 19, 2012 after flooding caused by the Niger River. Heavy rains have caused flooding in various parts of Niger since the end of July 2012 as part of the rainy season. 80,000 people have been affected, most of them in the Dosso region in the Southwest.



A man walks past a building destroyed by an airstrike in Aleppo. Syrian helicopters have dropped leaflets over the northern city of Aleppo urging residents not to shelter rebels and warning the Free Syrian Army it had one last chance to surrender.



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INTERNATIONAL NEWS

Defiant strikers get ultimatum after S.Africa mine shootings

MARIKANA (AFP) - Platinum giant Lonmin yesterday ordered employees back to work at a South African mine where police killed 34 people, but miners remained defiant as a week of national mourning was declared.

The London-listed company issued an ultimatum to workers to end a wildcat strike by today after the worst episode of police violence since the apartheid era, which President Jacob Zuma said will be officially mourned for seven days.

Lonmin said the call to staff was "a last opportunity to return to work" at its shut-down Marikana mine where union rivalry escalated into a police crackdown and more bloodshed on Thursday after 10 people died just days earlier.

"Employees could therefore be dismissed if they fail to heed the final ultimatum," warned the world's number three platinum producer.

But miners who first downed tools at the Marikana mine on August 10 pledged to press on with their wage de-

mands, and called the order to return to work "an insult" to colleagues who were gunned down by police.

"Expecting us to go back is like an insult. Many of our friends and colleagues are dead, then they expect us to resume work. Never," said worker Zachariah Mbewu.

"Some are in prison and hospitals. Tomorrow we are going back to the mountain (protest site), not underground, unless management gives us what we want."

Lonmin's today deadline for miners to return to work will coincide with the start of a week-long national mourning announced Sunday by Zuma.

Flags will be lowered to half mast and an official day for nationwide memorial services held on Thursday.

The violence at the mine stems from a conflict between the powerful National Union of Mineworkers and the upstart Association of Mineworkers and Construction Union (AMCU), which is calling for a tripling of wages.

Fresh Brussels protest against parole of Dutroux accomplice

BRUSSELS (AFP) - Thousands of people gathered in sweltering heat in Brussels yesterday to protest a court decision to grant parole to the ex-wife and accomplice of Belgian paedophile serial killer Marc Dutroux.

Police estimated about 5,000 people attended the event, the latest in a series of protests against a court ruling earlier this month to free Michelle Martin, who has served 16 years of her 30-year sentence for her involvement in the kidnap, rape and deaths of two young girls in the 1990s.

Martin, 52, is due to be released to a convent that has agreed to house her, pending a state appeal.

Several parents of Dutroux's victims were among the demonstrators. Demonstrators held signs with messages including "Corrupted justice" and "Mandatory sentencing for child abusers".

The march had echoes of a similar protest 16 years ago known as the White March.

At that demonstration, in October 1996, 300,000 people wearing white marched after Dutroux's arrest to demand the reform of Bel-

gium's police and justice systems and better protection for children.

Dutroux was jailed for life in June 2004 for the kidnap and rape in the 1990s of six young and teenage girls, and the murder of four of them.

Martin, 52, was convicted in 2004 for helping Dutroux hold his victims prisoner, and for complicity in the deaths of two of the girls, found starved to death in a locked cellar.

Belgium's top appeal court is due to decide on August 28 whether to uphold the decision to release Martin.

India blames Pakistan for exodus of migrant workers

NEW DELHI (AFP) - India has blamed Pakistan for posting threatening messages on the Internet that triggered a mass exodus from Bangalore and Mumbai by migrants fleeing to their homes in the northeast.

The exodus was sparked by threats sent via mobile phones and the Internet that people

from northeastern Assam state would be attacked by Muslims after the end of the holy month of Ramadan in reprisal for recent ethnic violence.

Local media reports estimated that over 35,000 people have fled the cities of Bangalore and Mumbai in recent days. Extra trains were arranged to accommodate pan-

icked students and workers.

Three weeks of clashes in remote Assam between members of the Bodo tribal community and Muslims have claimed at least 80 lives and displaced more than 400,000 people.

Home Secretary R.K. Singh said India would register a formal protest with Pakistan.

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Tobacco use entrenched in developing countries

(AFP)--Tobacco use is massively entrenched in developing countries, where one of the biggest worries is the rise of smoking among women, according to a study published on Friday in The Lancet.

A survey of 16 countries that are home to three billion people found that 48.6 percent of all men and 11.3 percent of women are tobacco users, especially in poorer economies, where more girls are starting to smoke early

and often at the same age as boys.

The data trawl covered a survey of tobacco habits among people aged over 15 in Bangladesh, Brazil, China, Egypt, India, Mexico, the Philippines, Thailand, Turkey, Ukraine, Uruguay and Vietnam, as well as Britain, Poland, Russia and the United States, from 2008 to 2010.

The surveys covered smoking as well as chewing tobacco -- an oral carcinogenic that is especially popular in India, with 205 million users -- and snuff.

Topping the table was Russia, where 39.1 percent of all over-15s used tobacco, followed by Turkey (31.2 percent), Poland (30.3 percent), the Philippines (28.2 percent) and China, with 28.1 percent.

By comparison, prevalence in Britain was 21.7 percent and 19.9 percent in the United States.

Policies to discourage or

restrict tobacco use are few and flawed in many countries, according to the study, headed by Gary Giovino from the University at Buffalo in New York state.

In low-income countries, for every \$9,100 received in tobacco taxes, only \$1 was spent on tobacco control.

At present, the proportion of deaths from tobacco is greatest in rich countries, where 18 percent of deaths are attributable to tobacco use, compared to 11 percent in middle-income countries and four percent in low-income countries.

But smoking rates have been rising steadily in poorer countries and falling in rich ones, so these positions are likely to change, the study said.

On current trends, as many as a billion people could die prematurely from tobacco use during this century, the study said, citing estimates by World Health Organisation (WHO) experts.

Drinking Iced Tea Raises Kidney Stone Risk: Study

People who drink iced tea may be putting themselves at greater risk for developing painful kidney stones, a new study indicates.

Researchers from Loyola University Medical Center explained that the popular summertime drink contains high levels of oxalate, a chemical that leads to the formation of small crystals made of minerals and salt found in urine. Although these crystals are usually harmless, the researchers cautioned they can grow large enough to become lodged in the small tubes that drain urine from the kidney to the bladder.

"For people who have a

tendency to form the most common type of kidney stones, iced tea is one of the worst things to drink," Dr. John Milner, an assistant professor in the department of urology at the Loyola University Chicago Stritch School of Medicine, said in a news release.

Health briefs...

Cholera outbreak in Guinea worsens

CONAKRY (AFP) - An outbreak of cholera in Guinea has killed 82 people since February and is showing no signs of letting up, the country's health ministry said Saturday.

"A week ago we counted 60 dead and 2,054 cases ... this week we have recorded 82 dead," Dr Sakoba Keita of the ministry's infectious diseases department told a press conference, adding that the situation was "alarming".

Coastal Basse-Guinee, particularly Forecariah in the southwest where the epidemic started in February, was the worst affected with 25 dead, followed by the capital Conakry with 17, officials said.

Ebola outbreak in DR Congo

KINSHASA (AFP) - Nine people have died in an outbreak of the deadly Ebola virus in the Democratic Republic of Congo, Health Minister Felix Kabangué said on Saturday.

Teams of doctors from the health ministry, the WHO, aid group Doctors Without Borders and the US-based Centres for Disease Control and Prevention were treating those infected, the statement added.

Ebola is fatal in about 50-90 percent of cases, with victims bleeding from body orifices before dying in the most severe instances.

5 Signs That You're Overfeeding Your Kids



1: The Plate

If your child has close to or the same amount of food that's on your plate, you're probably overfeeding them. Using smaller plates and serving spoons can help make sure they're being served less.

2: Leftovers

Overeating is something that is learned over time. If your child is pushing food around or isn't cleaning their plate, you may be giving them too much. It's better to start with less food and serve up seconds when requested. Don't fight over it -- never force feed or punish the child for not eating everything.

3: Over-Juicing

Fruit juice can be part of a healthy diet, but only in small amounts. Oftentimes children are served juice between meals or at the beginning of the meal, which can add unnecessary calories. Stick to four fluid ounces per day of 100-percent fruit juice (remember to read the label).

4: Emotional Feeding

Many parents fork over food when the child is sad, upset, cranky or tired. Before turning to food, try and figure out if the child just needs a hug, a nap or some alone time with mom or dad. Kids may also confuse their sense of thirst for hunger -- offer a glass of water first.

5: Clothes

My kids grow like weeds -- I need to buy them new clothing twice a year. But kids should be growing taller, not wider. If clothing is too snug in the chest, waist or tush (and the length is fine), this may be a result of eating too many calories. If you're worried, make an appointment with your physician so they can check if the weight gain is on (or off) track based on your child's growth charts.



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SCI-TECH

Mars rover takes 'cool' detour: NASA

WASHINGTON (AFP) - The US space agency NASA's Mars rover Curiosity will make a wide detour to explore a geographical hot spot on Mars because "it looks cool," scientists said recently.

Before driving to its destination at Mount Sharp, which may contain traces of water, Curiosity will head in the opposite direction, to a spot NASA's Jet Propulsion Laboratory has dubbed Glenelg.

In a statement, the Pasadena lab said Glenelg marks the intersection of three kinds of terrain 1,640 feet (500 meters) from the rover's landing site.

A light-colored patch of terrain in the region indicates to scientists "a kind of bedrock suitable for eventual drilling by Curiosity."

A cluster of small craters may represent "an older or harder surface" and another spot features a patch of land resembling the rover's landing site, before the nuclear-powered apparatus "scoured away some of the surface."

The scientists feel the

name Glenelg is "appropriate," because it is a palindrome -- a word read the same way backward and forward -- and the rover will need to travel back in the same direction to head toward Mount Sharp.

The Glenelg trek will be the rover's first long drive, Mars Science Laboratory project scientist John Grotzinger told reporters, explaining the decision to risk travelling off the planned route.

"It looks cool," he said.

Grotzinger estimates it will take three to four weeks for the rover to arrive at Glenelg, where the rover would stay for roughly a month, before heading to the base of Mount Sharp.

Analysts have said it may be a full year before the remote-controlled rover gets to the base of the peak, which is believed to be within a dozen miles (20 kilometers) of the rover's landing site.

The \$2.5 billion craft arrived on Mars at 0531 GMT on August 6.

New world record set at mobile-phone throwing contest

HELSINKI (AFP) - A Finnish teenager has smashed the world record -- and probably his phone -- in this year's annual mobile-phone throwing contest in Finland.

Eighteen-year-old Ere Karjalainen launched a phone the "amazing" distance of 101.46 metres (332 feet 10 inches), Finnish public television network YLE said after Saturday's event.

Second place went to South African Jeremy Gallop, who threw a phone 94.67 metres.

According to contest organisers, the competition of-

fers mobile phone users a unique opportunity to "pay back all the frustrations and disappointments caused by these modern equipments."

Finland is the home of Nokia and is awash in obsolete phones, organisers said.

"There will be no doping tests," organisers said on their English website.

"However the jury can rule out the contestant if his/her mental or physical preparedness is not adequate for full a performance."

The event has been held in the southeastern town of Savonlinna since 2000.

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Bill Gates kicks off search for toilet of the future



Professor Michael Hoffman of California Institute of Technology (CIT) explains his research and development team's winning entry at the "Reinvent the Toilet Fair"

(AFP)-- Microsoft co-founder turned global philanthropist Bill Gates last week launched a search for a new toilet better suited to developing countries.

The charitable foundation founded by Gates and his wife kicked off a "Reinvent the Toilet Fair" in Seattle and awarded prizes for promising innovations.

"Toilets are extremely important for public health and, when you think of it, even human dignity," Gates said in a statement at thegatesnotes.com.

"The flush toilets we use in the wealthy world are irrelevant, impractical and impossible for 40 percent of the global population, because they often don't have access to water, and sewers, electric-

ity, and sewage treatment systems."

The Toilet Fair was described as a swirl of about 200 inventors, designers, investors, partners and others passionate about creating safe, effective, and inexpensive waste management systems.

Universities from Britain, Canada, and the United States were awarded prizes in a competition launched a year ago challenging inventors to come up with a better toilet.

First place went to the California Institute of Technology for designing a solar-powered toilet that generates hydrogen gas and electricity.

Loughborough University came in second for a toilet that transforms waste into bi-

ological charcoal, minerals, and clean water.

Third place went to the University of Toronto for a toilet that sanitizes human waste and recovers minerals and water.

"Four in 10 people worldwide don't have a safe way to poop," the Gates Foundation said in a message beneath a Reinvent the Toilet video at its gatesfoundation.org website.

Approximately 2.5 billion people worldwide don't have access to safe sanitation systems for handling the basic and vital need to dispose of bodily waste, according to Gates.

"Beyond a question of human dignity, this lack of access also endangers people's lives, creates an economic and a health burden for poor communities, and hurts the environment," Gates said.

Food or water tainted with fecal matter causes intestinal diseases that kill 1.5 million children annually -- a figure higher than deaths from AIDS and malaria combined, according to Gates.

"Inventing new toilets is one of the most important things we can do to reduce child deaths and disease and improve people's lives," Gates said.

COMICS



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ACROSS

1. File identifier
4. Horace or Thomas
8. Backpack
12. Clark's "Mogambo" costar
13. Spiced stew
14. Fierce god
15. Shirt worn with shorts
16. Greases
17. Tierney or Wilder
18. Slip-up
20. Actor Linden
22. Scan
25. "Fly Away Home" critters
29. Pugilist Dempsey
32. Welterweight champ

Leonard

- (1979-82)
34. Chicken ____ king
35. Mood
36. Prevarication
37. Heavyweight champ Rocky (1952-56)
39. 1981 Warren Beatty film
40. Indian stringed instrument
41. Salvage
43. Congressman: abbr.
45. Heavyweight champ Joe (1937-49)
49. Lull
52. Plato's "____ of the Good"
55. FDR agcy.
56. Bassoon's

cousin

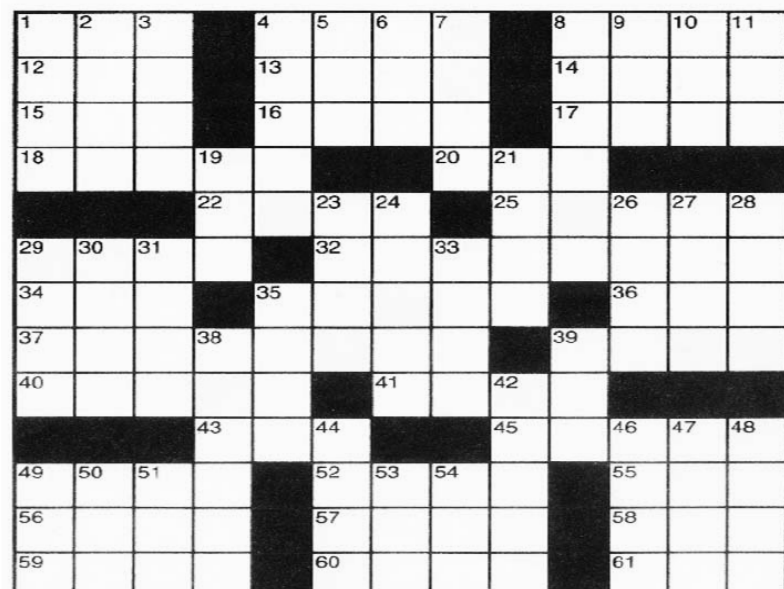
57. Author artist Emily
58. Plaid cap
59. Boxer Spinks
60. Place for a jeans patch
61. Joined

DOWN

1. "Soap" surname
2. Allege
3. He played a TV hillbilly
4. Archie of 143 KO's
5. Star of "When We Were Kings"
6. Naught
7. Nibble
8. "Marvelous" boxer
9. Temper

10. Boxer Norton
11. Vane dir.
19. Mork's home
21. Chinese isinglass
23. Confused
24. Author Dominick
26. Author Gardner
27. Egypt's Port

28. Liz's are violet
29. Has an impromptu jazz session
30. Jai ____
31. Wal-Mart amenity
33. Well-behaved
35. Dunlop's invention
38. She worked in a cigarette factory
39. Antique car
42. Scowl
44. Hairstyling tool
46. "...dust shalt thou return" (Genesis)
47. Country south of the Caspian Sea
48. "____ Time, Next Year"
49. Economic indicator: abbr.
50. Director Burrows
51. English washroom
53. Dailey or Rather
54. Before, before



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Numbers

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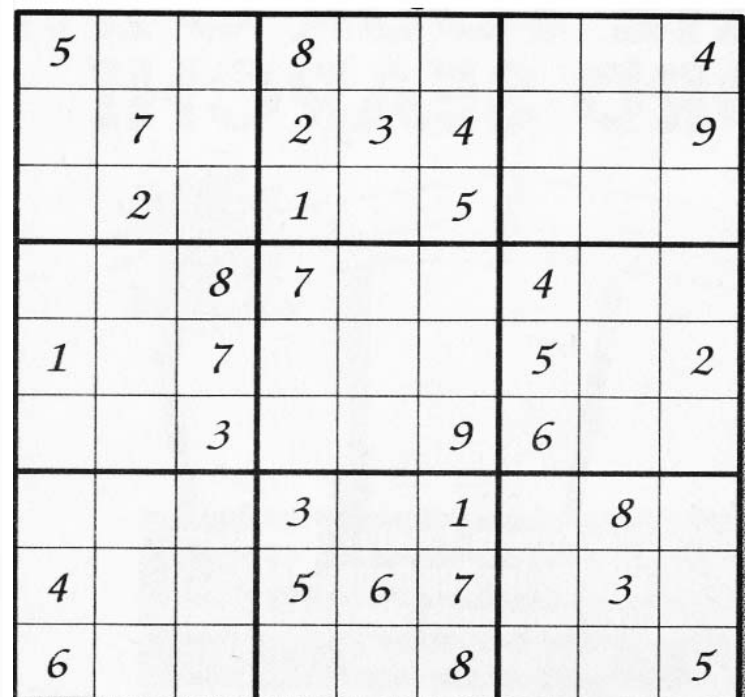
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SOLUTION

5	4	8	3	6	1	9
1	6	2	9	5	7	8
9	8	7	1	4	5	6
8	2	9	6	1	7	5
2	6	5	8	9	7	1
3	1	7	5	2	8	9
4	9	8	5	6	1	7
6	5	1	7	2	9	8
7	2	3	9	8	6	1

Complete the grid so that every row and every column contains the numbers 1 through 9
A number is Never repeated in a row or column.
In addition every rectangle must contain the numbers 1 through 9

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Greece must remain in eurozone, says finance minister

ATHENS (AFP) - Greece must remain in the eurozone, Finance Minister Yannis Stournaras said in an interview published yesterday ahead of a week of crucial meetings between the prime minister and EU officials.

"We have to stay alive and remain under the umbrella of the euro, because that is the only choice that can protect us from a poverty that we have not experienced," Stournaras told the Vima tis Kyriakis weekly.

The Greek government needs to cut spending by about 11.5 billion euros (\$14.2 billion) in 2013-14 to qualify for the next installment of its EU-IMF bailout package.

"If we don't take the measures ... then our stay in the

euro is threatened," Stournaras said.

The unpopular cuts, expected to come mostly from salaries, pensions and benefits, are the source of friction within the country's new coalition government, but Stournaras described it as a difficult but necessary choice.

"We have the most expensive welfare state in the eurozone," he told the newspaper. "We can no longer maintain it with borrowed money."

The auditors of the so-called troika of the European Union, the International Monetary Fund and European Central Bank, who visited Athens in July, are set to return to the Greek capital in September.

On Wednesday, Prime Min-

ister Antonis Samaras will meet in Athens with Eurogroup chief Jean-Claude Juncker, who told Austrian daily Tiroler Tageszeitung on Saturday that he does not believe Greece will leave the eurozone.

Samaras will then travel to Berlin to meet German Chancellor Angela Merkel on Friday, the eve of his meeting with French President Francois Hollande in Paris.

The Greek premier intends to discuss with them the possibility of being accorded two more years to complete the austerity cuts.

But Germany so far has maintained that Greece must stick to the agreed timeline if it wants to continue to qualify for European aid.

Italy's Monti warns against euro being EU 'break-up factor'

ROME (AFP) - The euro must not become a "break-up factor" that pits northern Europe against crisis-choked nations in the south of the continent, Italian Prime Minister Mario Monti said yesterday.

"The biggest tragedy for Italy and for Europe would be to see the euro become, because of our failures, a break-up factor which awakens the

prejudices of the north against the south, and vice-versa," Monti told an audience of young people in Rimini on the Adriatic coast.

"The risk exists," he said.

The European Union and eurozone countries are split over how to solve the financial crisis convulsing various nations, especially in Europe's south.

Current as 08/19/2012	Currency Code	Buying rate banknotes	Buying Cheques	Selling Rate
U.S.A.	USD	1.77	1.78	1.80
Dutch Antilles	ANG	98.00	100.00	100.20
Canada	CAD	1.78	1.80	1.82
Britain	GBP	2.73	2.78	2.84
Switzerland	CHF	182.74	183.46	184.26
Netherlands	EUR	217.74	219.73	221.94
Sweden	SEK	25.56	26.28	27.08
Denmark	DKK	28.54	29.26	30.06
Norway	NOK	29.01	29.73	30.53
Japan	JPY	222.25	224.28	226.54

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FINANCE

Report: ECB mulls caps on borrowing costs

BERLIN (AFP) - The European Central Bank is considering buying the bonds of crisis-racked eurozone countries to ensure borrowing costs do not rise beyond a pre-determined level, German newsweekly Der Spiegel said yesterday.

The bank will define an upper limit for borrowing costs in countries such as Spain and Italy and intervene in the markets to ensure it is not breached, Spiegel said, without citing its sources.

Spain and Italy have seen their borrowing costs shoot up during the eurozone crisis to levels that forced Greece, Portugal and Ireland to seek a bailout.

At the end of trade on Friday, Spain was paying 6.39 percent to borrow for 10 years and Italy 5.76 percent.

In contrast, Germany was paying 1.49 percent, as investors trust Europe's top economy to repay them.

The so-called spread, or difference, between benchmark German bonds and the debt-racked countries would be decisive for the proposed rate cap, Spiegel said.

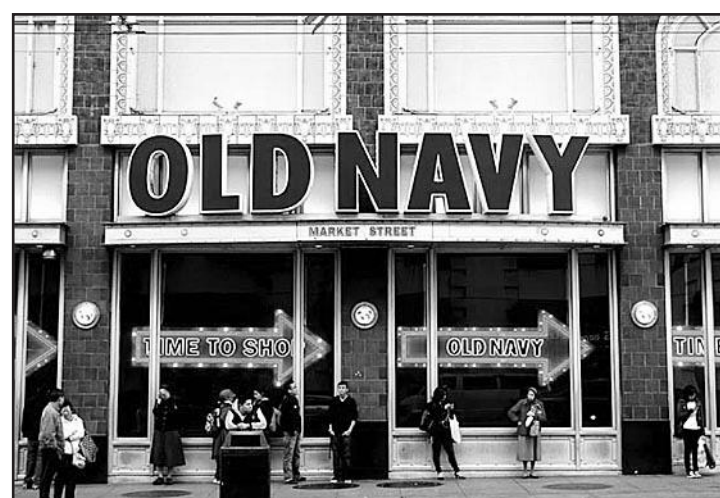
ECB President Mario Draghi announced earlier in August that his institution "may" buy bonds of struggling countries if they first apply for EU bailout funds and accept tough conditions in return.

He said the details would be worked out before the next meeting of the ECB, scheduled for September 6.

Spiegel said that ECB governors would decide then whether to implement the proposed borrowing cost cap.

SATURDAY'S Crossword Answer

A	N	I	T	A	S	O	B	F	A	M
B	O	D	E	S	P	A	L	I	C	E
C	R	O	S	S	F	I	R	E	R	O
S	O	A	R	U	S	E	R	S		
I	N	C	R	Y	A	N	E	D	N	A
Q	U	E	S	T	L	I	F	E	R	
S	T	A	T	E	D	P	I	T	I	E
S	I	D	E	S	N	O	L	T	E	
C	L	E	F	S	A	R	I	L	E	W
H	O	F	F	A	C	A	S	H		
A	S	I	F	I	R	E	H	O	U	S
M	E	R	A	G	E	E	R	R	O	R
P	R	E	R	O	D	S	A	N	T	A



SAN FRANCISCO: Shoppers walk down in front of an Old Navy store in San Francisco, California. According to reports, consumer spending has increased and consumer confidence has risen to the highest level in three months. "Clearly consumers feel times aren't as bad as they were just a month ago, but looking into the future there remains a considerable amount of uncertainty and downside risks that could undermine the recovery," said Lindsey Piegza of FTN Financial.

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Mainstreet Downtown Aruba

Paul Ryan gets bipartisan approval -- for his looks

NEW YORK (AFP) - Suddenly, even political foes like Republican vice presidential pick Paul Ryan -- for his looks.

Until being picked as Mitt Romney's running mate, Ryan was almost exclusively mentioned in connection with his conservative ideas on solving America's debt crisis.

But his brawn, not brain, is hot now.

Google searches for "Paul Ryan shirtless" have soared. Since there seem to be none online, bloggers have responded by photo-shopping the congressman's head onto other naked bodies.

Ryan, 42, is an enthusiastic, even obsessive, student of the P90X fitness program, which combines weight training, nutrition planning and martial arts.

He reportedly maintains a body fat index of between six and eight percent, emerging as unusually athletic looking for a middle-aged American man -- at least as lean as the unusually trim President Barack Obama himself.

With the election campaign mired in mud-slinging and an electorate deeply worried about the country's future, this might seem a strange time to fixate on a candidate's looks.

But interest in Ryan's distinctly blue eyes and the state of his abdominal muscles has indeed begun to muscle in on views about his controversial proposals for curtailing Social Security.

TMZ said he "may be the hottest vice presidential candidate ever... but we're not talking policy."

Ryan's morning workouts at the congressional gym are "fierce" and he is "totally



ripped and has a six pack," the celebrity gossip and news site cited sources as saying.

It's not just TMZ. The august New York Times poked fun at the Romney-Ryan pairing of "cute Republican dudes."

Ryan is "a nerd suddenly out of his loafers and into the sex dreams of Republicans," the Times added, before tempering that with a high-minded diss of Ryan's dress sense.

The Politico news website said "Paul Ryan is kind of hot," while New York magazine saw him from the liberal Manhattan dating scene point of view: "Paul Ryan is your annoying Libertarian ex-boyfriend."

Apparently uber-liberal political talk show presenter Rachel Maddow was speaking for many last year when she called Ryan "so handsome and boyish."

In the Internet byways outside the mainstream media, the Ryan crush is in

full spate.

heygirlitspaulryan.tumblr.com has gone viral with pictures of Ryan in different settings along with cheesy fanzine headlines.

One, superimposed over a photograph of Romney in American football uniform, reads: "Hey girl, let's tackle the debt together." Underneath, it reads: "Huddle up."

Things get hotter, if not downright embarrassing, over at the blog Texts from Washington.

"OMG HIS EYES ARE POOL OF SEX. HOT SEX," one entry reads.

Not everyone is bowled over with the vice presidential wannabe's physical attributes. On the Esquire politics blog, Charles Pierce referred to Ryan as "zombie-eyed."

Psychology Today weighed in by worrying whether "just because Paul Ryan is hot, does that mean he is also objectified?"

But political and social analyst Rich Hanley at Quinnipiac University said that Ryan's abrupt rise in the sex appeal polls -- if not the election polls -- is understandable.

"It's more a commentary on how hotless the Republican Party has been for so many years -- that you get a fresh face and you call him a beefcake," he said.

When Republican politicians are often seen as the "man in the gray flannel suit," Ryan looks more like his opponents.

"He represents, certainly to the conservative Republican voter, a guy who stays in shape, who has a youthful figure, something that's usually associated with Democrats," Hanley said.

'Expendables 2' guns to top of N. America box office



LOS ANGELES (AFP) - All-star action romp "The Expendables 2" opened on top at the North American box office this week, pushing another sequel, "The Bourne Legacy," off the summit, industry estimates showed Sunday.

The Sylvester Stallone thriller, which also features Jason Statham and Jet Li as part of a team of mercenaries, raked in \$28.8 million during its first Friday through Sunday run, according to movie tracker Exhibitor Relations.

"The Bourne Legacy" -- starring Jeremy Renner as a secret agent threatened by his employers in a spin-off of the popular series of films that had starred Matt Damon as Jason Bourne -- took in \$17

million.

That kept it ahead of another new release, "ParaNorman," an animated movie about a boy who can speak with the dead, set to earn \$14 million in ticket sales.

Political spoof "The Campaign," starring Will Ferrell and Zach Galifianakis, fell to fourth place, with box office receipts of \$13.4 million, while Jordin Sparks-vehicle "Sparkle" -- a Motown-style musical set in the 1960s -- opened in fifth place, with \$12 million.

"The Dark Knight Rises," the latest Batman installment, slipped to sixth place, earning \$11.1 million, just barely ahead of quirky fantasy-comedy "The Odd Life of Timothy Green," which was the final new release to make this week's top ten (\$10.9 million).

Meryl Streep and Tommy Lee Jones's romantic comedy "Hope Springs," about a married couple trying to get back their spark, was in eighth place (\$9.1 million).

And rounding out the top ten, well behind the others, were teen comedy "Diary of a Wimpy Kid: Dog Days" (\$3.9 million) and science-fiction action remake "Total Recall" (\$3.5 million).

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Gold Coast Aruba: Great savings for large families on holiday rentals



Aruba's newest and most innovative gated community has enjoyed steady sales since breaking ground, as many are finding the secure surroundings and outstanding amenities are just what they were looking for before considering purchasing property on the island. Some owners are using the villas or town homes as vacation retreats rather than full time and are taking advantage of Gold Coast's rental services to turn their investment into ready income.

"The greater portion of home owners are using their 'home away from home' in Aruba to escape the winter months, or spend holidays with the family on the island," noted Gold Coast developer Fito Croes. To assist in the demand for more complete facilities for groups and families, famed hotelier Ed Malone has been placed in charge of the rental program.

Staying at Gold Coast is a very attractive proposition for those traveling with groups that would require multiple hotel rooms. Two and three bedroom Villas or Town Homes accommodate large numbers and offer extensive amenities along with a final cost resulting in considerable savings. The community is minutes to the best beaches and all the casino action, and offers a quiet and secluded getaway with two swimming pools and specialized services with more on the way, such as a fitness room, tennis courts and mini-mall. Ed can arrange maid service, babysitters, caterers, airline pick-up and

drop-off; they even boast a shopping service to stock your shelves before arrival.

Gold Coast accommodations are elegant and spacious,

connection, individual washer/dryer, and are fully air-conditioned. Cribs, high chairs and hair dryers are available for a modest fee. Concierge



offering privacy for parents or a few couples. Beautifully appointed kitchens and bathrooms grace each abode; barbecues and lounges are provided for friendly cookouts and truly savoring the island life. All homes come with cable TV, high-speed fiber-optic Internet

services to arrange rental cars, spa appointments, activities and restaurant reservations are all part of the package.

Check-in for your holiday escape is conducted in the comfort of your vacation home, not while waiting on line at check-in desk. In every way, Gold Coast seeks to pamper their guests while providing them with the feeling of being in a cozy community, not the normally bustling resort, particularly experienced during the major holidays. If you wish an optimal vacation experience with great savings, visit their website: www.goldcoastaruba.com to get acquainted with the community and the layout, details and availability of accommodations, or call 586-2200 to talk personally to a Gold Coast representative.



Healthy, tasty treats on the menu at Lecca Lecca

No foray to Oranjestad is complete without a stop to refresh and refuel at Lecca Lecca, the stylish "Gelato Shoppe" located right in the main bus terminal. This adorable eatery sports a menu that reflects the passion of its owner, Milly Lacle, for "healthy, natural foods, for a healthy body."

The idea of a sweet treat being good for you is contrary to everything we are being told today, but Milly did her homework before establishing her gelato and sorbetto factory on the second floor. Her recipes come from a respected gelato house in Italy, where they have been producing the refreshing, low or no fat product since the 1800's. She continues the tradition of using only fresh fruit juices and natural ex-



Favorite and unique flavors like grapefruit and lemon mint

process. The end product is whipped light and fluffy naturally, producing a satisfying treat drastically lower in fat, sugar and calories than traditional ice cream.

Unique flavors found nowhere else are a revelation. For a delightful surprise and pure refreshment, sample the grapefruit, passion fruit or carrot sorbetto; the rich, dark, sugar-free chocolate gelato is absolutely sinful, without the guilty conscience! They also have a unique collection of yogurt gelatos swirled with

fresh fruit sorbetto in delightful combinations.

Lecca Lecca offers an attractive lunch menu including quiche made with only fresh vegetables, and sandwiches on crusty bread they prepare in their own bakery. Indulge in the soup of the day for a hearty



Fresh vegetable quiche

tracts to as flavoring.

There are absolutely no artificial colorants or preservatives in the gelato and sorbetto, which is produced fresh daily; leftovers at the end of the day are donated to children's homes Casa Cuna or Imeldahoff. They have over 60 flavors on their roster with 18 available at the shop each day, including at least one sugar-free and one-gluten free for those with special dietary needs. All the gelato is made from organic milk flown in from Italy, guaranteed free of steroids and antibiotics. Lecca Lecca pasteurizes the milk in their factory, to be sure there are no chemicals used in the

sampling of authentic Aruban cooking.

Opened Monday through Saturday from 9:30 AM until 7:00 PM; it is a must do while in Oranjestad for a refreshing treat, with the emphasis on FRESH!



Tutti frutti a blend of fresh exotic fruits

SPORTS

Orioles beat Tigers 7-5



Nick Markakis #21 and Robert Andino #11 of the Baltimore Orioles celebrate the win over the Detroit Tigers

DETROIT -- Maybe there is something to this Orioles club and all its "want to," an oft-used phrase by manager Buck Showalter that, like most things Showalter has

professed in two-plus years at the helm, has become ingrained in the team's psyche -- interwoven into the ebb and flow of each game.

The Orioles have said all year, regardless of circumstance, they never feel like they can't win. This plucky club continues to prove it. For the third time in 18 games, Baltimore rallied from a five-run deficit, snatching a 7-5 series-clinching victory over Detroit on Sunday afternoon to secure its spot in the American League Wild Card race. The victory keeps an Orioles club trying for its first post-season in 15 years rolling, and silenced a sellout crowd at Comerica Park that watched the Tigers drop a pair of games after winning 18 of their previous 20 home contests.

Villa back as Barca hit five, Madrid held to draw

MADRID (AFP) - Barcelona thrashed Real Sociedad 5-1 on Sunday with two goals from Lionel Messi and one each for

Carles Puyol, Pedro Rodriguez and David Villa, in his first game back after eight months out with injury.

The victory at Camp Nou came after champions Real Madrid started their title defence with a 1-1 draw at home to Valencia.

Barca's La Liga opener under new coach Tito Vilanova saw them 4-1 ahead by half-time with Messi in sparkling form.

Puyol powered home a header from a corner on two minutes before Chori Castro finished off a sweeping move to level for the away team.

However, Barcelona were too strong and ran out easy winners.

Messi added a double in four minutes to kill off the opposition, his first coming when he squeezed past two defenders to power home.

Real Madrid's title defence got off to a stuttering start when they dropped two crucial home points in a 1-1 draw with Valencia on a hot Sunday night in the Spanish capital.

Gonzalo Higuain put Real ahead on nine minutes before Jonas Goncalves equalised just before the interval for a plucky Valencia side.

"I expected more from my team, last season when we drew 0-0 the best player for Valencia was Guaita (the Valencia keeper) and today it has been Alves. We did not play a great game but we did enough to win," said Real boss Jose Mourinho.

Also on Sunday, Athletic Bilbao crashed 5-3 at home to Real Betis for whom Ruben Castro, Jorge Molina and Benat Etxebarria got first-half goals.

Federer beats Djokovic for fifth Cincinnati title



CINCINNATI, Ohio (AFP) - Roger Federer tightened his grip on the world number one ranking after a crushing 6-0, 7-6 (9/7) defeat of Novak Djokovic to win a sixth title this season at the Cincinnati Masters. The Swiss will take a healthy points lead of

nearly 900 into the US Open, where number two Djokovic is defending the title, starting on August 27. ATP calculations show that the 31-year-old Federer will maintain the top spot through the end of the season's last Grand Slam. He begins his record 292nd week atop the table today flushed with his fifth career title in Cincinnati from as many finals. The Swiss top seed got through a perfect week without losing serve to capture his 76th career trophy.

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Nyad braves night of jellyfish on Cuba-Florida swim

HAVANA (AFP) - US endurance swimmer Diana Nyad pressed on Sunday in her bid to swim from Cuba to Florida after a night of being swarmed and stung by jellyfish as she paddling through choppy seas.

"Today is more like swimming. I don't know what you would call last night... probably surviving," she said, according to a blog run by her support crew. As of 12:16 am

(1616 GMT), she had swum more than 22 miles in 18 hours, it said.

The jellyfish began plaguing Nyad about five hours into her 165-kilometer (103-mile) endeavor, stinging her several times on her face, neck and hands, and forcing her to swim backstroke to keep her face out of the water.

By Sunday morning, however, the crew accompanying her reported that the current was with her and the jellyfish swarms had subsided.

The swimmer, who turns 63 on Wednesday, hit the water on Saturday afternoon after her departure was pushed up a day over fears of poor weather.

"Thanks for coming," she said, adding the single word, "courage," before she jumped in for the trek that she projects will take at least 60 hours.

Before setting off, Nyad reflected on her motivation to make the crossing between Cuba and the United States, which have been at odds for most of her life.

"When I was five years old, I used to stand on the beach (in Florida) and I said to my mother: I wonder if anybody could swim over there" to Cuba, she said.

The swimmer's first failed bid to cross the Florida Straits was 34 years ago in 1978. Her comeback in August 2011 was hobbled by shoulder pain, asthma and ocean swells.

In September 2011, Nyad was forced to abandon her attempt 40 hours in, after medics warned that she had suffered dangerous jellyfish stings.

Fans can follow her progress online at www.diananyad.com.

Aruba crowned Sub Champions of Junior Little League World Series



The Rockledge Junior Little League team had come from behind time and time again during the Junior Little League World Series.

In the title game, it was Aruba who came back to force extra innings.

But Rockledge was not going to be denied on this Saturday, scoring two runs in the top of the eighth and held on to win the Junior Little League World Series title 12-10.

Rockledge had a 9-4 lead heading to the bottom of the sixth inning, but Aruba scored four in the sixth and another two in the seventh to tie the game.

Aruba kept battling back though, cutting the lead from 9-4 to a one-run lead in a four-run sixth inning before Hall got the final out of the inning with the bases loaded.

the inning.

But Rockledge got an insurance run that it needed in the seventh on back-to-back doubles from Drew Parrish and Clanton made the game 10-8. Hall got into trouble again in the seventh allowing first two to reach, but made a nice pick-off move for the first out.

Then after hitting a batter, Rockledge coach David Clanton calmed them down but stuck with Hall. Aruba ended up tying the game before Beyel came in to get the final out of the

10 hitters came to the plate in seventh.

MLB Standings

American League					National League				
East	W	L	Pct	GB	East	W	L	Pct	GB
YANKEES	71	49	.592	--	WASHINGTON	74	46	.617	--
TAMPA	66	54	.550	5.0	ATLANTA	70	50	.583	4.0
BALTIMORE	65	55	.542	6.0	NY METS	57	63	.475	17.0
BOSTON	59	62	.488	12.5	PHILADELPHIA	55	65	.458	19.0
TORONTO	56	64	.467	15.0	MIAMI	55	66	.455	19.5
Central	W	L	Pct	GB	Central	W	L	Pct	GB
CHICAGO	65	54	.546	--	CINCINNATI	73	48	.603	--
DETROIT	64	56	.533	1.5	PITTSBURG	66	54	.550	6.5
CLEVELAND	54	66	.450	11.5	ST. LOUIS	65	55	.542	7.5
KANSAS	53	66	.445	12.0	MILWAUKEE	54	65	.454	18.0
MINNESOTA	50	69	.420	15.0	CHICAGO	47	72	.395	25.0
West	W	L	Pct	GB	West	W	L	Pct	GB
TEXAS	69	50	.580	--	HOUSTON	39	82	.322	34.0
OAKLAND	64	55	.538	5.0	SAN FRANCISCO	66	54	.550	--
LA ANGELES	62	59	.512	8.0	LA DODGERS	66	55	.545	0.5
SEATTLE	57	64	.471	13.0	ARIZONA	61	59	.508	5.0
					SAN DIEGO	52	70	.426	15.0
					COLORADO	45	73	.381	20.0

x-Clinched Playoff Spot; y-Division Champ

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